

St Joseph's Day Care Centre

High West Street, Gateshead,
Tyne & Wear, NE8 1LX

Tel: 0191 477 1816

email: stjosephs@stcuthbertscare.org.uk

Gateshead Social Services Department

Civic Centre, Regent Street, Gateshead,
Tyne & Wear, NE8 1HH

Tel: 0191 433 3000



OUR PURPOSE:

*St Cuthberts Care is a charity working for the common good
by enabling people to develop to their personal potential.*

St Cuthberts House, West Road, Newcastle upon Tyne , NE15 7PY
Telephone : (0191) 228 0111 Fax : (0191) 228 0177

www.stcuthbertscare.org.uk

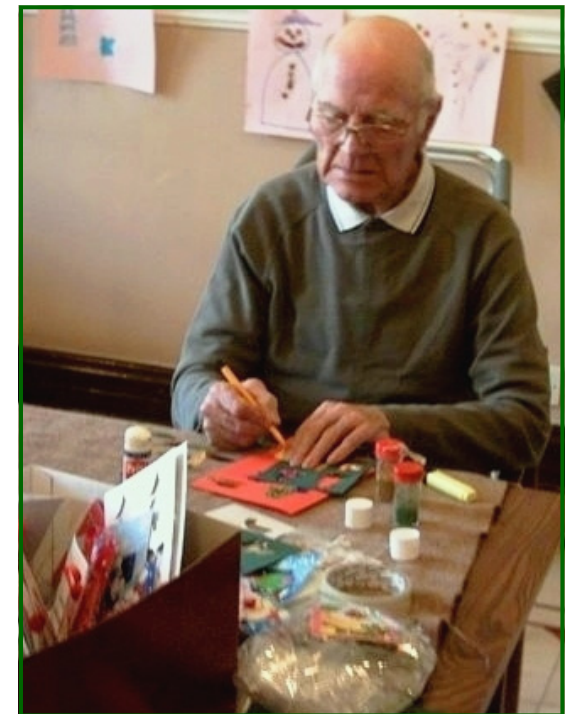


INVESTORS
IN PEOPLE

St Joseph's

Gateshead

Day Care Centre for Older People



St Cuthberts Care working in partnership
with Gateshead Council



www.stcuthbertscare.org.uk

About us...

St Joseph's Day Care Centre is managed by St Cuthberts Care on behalf of Gateshead Council and provides a service for older people with dementia who are still living in their own home.

The centre caters for the personal, psychological, emotional, social, spiritual and practical needs of all its service users, with particular emphasis placed on individual assessed needs.

St Joseph's is a small, friendly Day Centre able to accommodate up to 16 people at one time.

Facilities

St Joseph's Day Centre offers a safe, stimulating environment for older people who have dementia. Feelings of frustration and fear are often associated with the condition. At St Joseph's we understand the importance of regular routine and offer the reassurance that people are supported in a caring environment.

The service enables people to continue to live in their own homes for as long as possible, ensuring regular respite to carers. Offering personal care and a full programme of activities we ensure that wherever possible older people continue to be a part of the local community and maintain the skills they have for as long as they are able.

The centre offers a wide range of experiences and activities including arts and crafts, reminiscence discussions and quizzes, chair exercises and outings. Additional services also available are bathing, laundry, hairdressing and chiropody.

There is a small sensory room which can have therapeutic benefits for people with dementia. This room can also be used for those who prefer one to one time with staff. Whilst we focus on providing a safe, comfortable and stimulating environment for our clients, we also warmly welcome carers who may wish to pop in for a coffee and a chat.

We have a minibus available which is used to take people to and from their homes and for outings.

Registration

St Joseph's is registered with Gateshead Council. The address and telephone number are overleaf.

Flexibility

We are open seven days a week and offer people the choice of which day or days they attend. Staff are sensitive to the needs and views of both users and their carers and will make every attempt to be as flexible as possible.

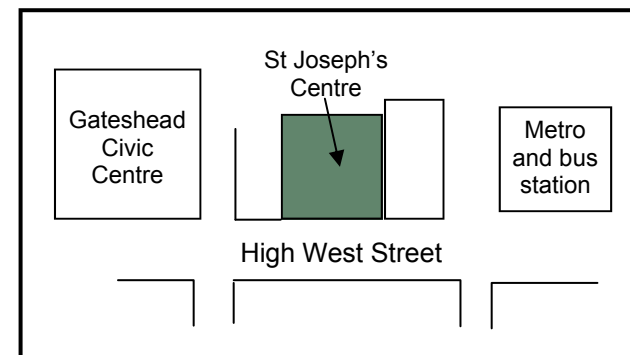
How to gain a referral

Referral to St Joseph's follows an assessment by a mental health social worker. Further information about gaining a referral to St. Joseph's Day Care Centre can be obtained by contacting the **Manager of St. Joseph's, Flavia Myers**, or **Gateshead Social Services**. Contact details can be found overleaf.

Our charges

Transport £1.00 per day Meals £2.20 per meal

Where we are



St Joseph's is conveniently situated near the Gateshead Metro Interchange on the ground floor of St Joseph's RC Church Presbytery.

Please note: St Joseph's is a "No Smoking" building.