

Coanwood

Cramlington

Residential assessment and
outreach project for adults with
learning disabilities



OUR PURPOSE:

St Cuthberts Care is a charity working for the common good by enabling people to develop to their personal potential.



 **St Cuthberts Care**
Enabling People

St Cuthberts Care, St Cuthberts House, West Road, Newcastle upon Tyne, NE15 7PY
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Company Limited by Guarantee. Company Registration No. 1645917
Registered Charity No. 512912

Ref: AD/CW/0706/A5/02



INVESTOR IN PEOPLE

 **St Cuthberts Care**
Enabling People

www.stcuthbertscare.org.uk
email: coanwood@stcuthbertscare.org.uk

PHILOSOPHY OF CARE

To create an enabling not disabling environment which recognises and respects people as individuals who have rights, needs and responsibilities, facilitating personal choice for growth and independence.

22 Coanwood Drive
Cramlington
Northumberland
NE23 6TL

Tel: (01670) 739 319

Referrals

Referrals should be made by social service care managers directly to the manager of Coanwood.

Charges

Charges are set at a competitive rate and reviewed annually. Further information is available on request from the Project Manager.

Registration

Coanwood is registered as a residential home for adults with learning disabilities with:

Commission for Social Care Inspection
Cramlington Office
Northumbria House
Manor Walks
Cramlington
Northumberland
NE23 6UR

Tel: 01670 707900



Service users are encouraged and enabled to use opportunities and access facilities available to them within the community in order to aid their emotional and personal development. Our goal is for all residents to become integrated and valued members of the community in which they live.

Working Together

We aim to provide an open and welcoming atmosphere at Coanwood. Feedback from service users, relatives, visitors and other professionals is encouraged via group meetings and advice and support group meetings.

Staff

Our staff are involved in an induction programme, ongoing training and regular supervision sessions. Staff performance reviews, which assess levels of competence, are held bi-annually and staff are encouraged to work towards NVQ qualifications in care. St Cuthberts Care also has gained the nationally recognised Investors in People award.

Quality Assurance

- Monthly inspections of all care practices, personnel and finance issues.
- Continual reassessment of services through annually developed strategic aims and objectives.
- Annual audit of each service.
- Annual staff appraisal.
- User friendly comments, concerns and complaints procedure.
- Comprehensive and compulsory on-going training programme for all care staff.

About Us...

Coanwood Drive is a registered care home offering temporary, 24-hour accommodation to seven adults with learning disabilities who wish to develop their personal skills and level of independence. A person centred, outcomes focused approach ensures that the four key principles of *rights, independence, choice* and *inclusion* are fundamental to the way in which the service is delivered. The average stay at Coanwood Drive is two years, after which we assist people to move into their own accommodation, continuing to offer support at the level assessed as appropriate.

We believe that everyone staying at Coanwood should be able to:

- Live the life they choose
- Be a valued member of the community
- Be treated with dignity and respect
- Feel safe, secure and free from discrimination
- Be healthy
- Enjoy economic well-being

Accommodation

The accommodation consists of seven single bedrooms which may be decorated and furnished to suit individual taste. Each room has a vanity unit and wash hand basin. The house is centrally heated and all radiators are fitted with a thermostatic valve which enables service users to control the temperature of their rooms. The rooms are private and can be locked, with service users taking responsibility for their own keys should they wish.

The house is decorated and furnished to a high standard meeting all fire and health regulations. There is a large comfortable lounge, a pleasant dining room with patio doors which can look out onto the garden and a modern spacious kitchen.

Coawood is within short walking distance of Cramlington town centre. Local facilities include large indoor shopping centre, leisure centres, library and health centres. There is also regular public transport to nearby towns and into Newcastle.

All service users are encouraged to pursue daytime and evening activities according to their needs and interests.

Other Amenities

A pay telephone is situated in the hallway. There is a paved enclosed garden to the rear of the house and paving at the front.

Service users are encouraged to develop any interest they may have in the upkeep of the garden.

Meals

Mealtimes are flexible and service users are encouraged to devise their own menus and cook for themselves.



Visitors

Visitors are encouraged at all reasonable times and are welcome to join their friend/relative for a meal. Tea/coffee making facilities are available. We do advise that visitors phone beforehand to ensure the person they are visiting will be at home. Visitors are requested to respect the needs not only of their friends or relative, but of all the service users who live at Coanwood.

Health



If a service user should become ill whilst at Coanwood the staff are permitted to administer medication that has been prescribed to the service user. Should any deterioration in the health of a service user occur then appropriate medical care would be sought and family/carers/care managers would be notified immediately.

Service Provision

We aim to provide a quality service at Coanwood, which in turn will improve the quality of life of our service users. We intend to achieve this by recognising each person's dignity and individuality, acknowledging their potential for development and independence, whilst also identifying and accommodating varying degrees of ability. A personal planning process, tailored to the needs of each individual, will be used in our efforts to accomplish this goal. A structured developmental plan will enable service users to gain the skills needed to move on to an independent living situation. An allocated keyworker will work in close partnership with the service user, their family, friends and care manager during the service user's residency in order to support the service we provide.